

**BSCAH Council Minutes** Civil Service Club 17th February 2018

1. Attendees: Grahame Smith (Chair), Peter Naish (President), Ann Williamson (Hon Treasurer), Jean Rogerson (Ac & Ac Officer), Maureen Tilford (Communications Officer), Mike Capek (Development Officer), Martin Wall (ESH Rep), Simon Barnett, Les Brann, David Kraft, Hilary Walker (National Office Secretary).
2. Apologies for absence: Jane Boissiere, Charlotte Davies, Zoita Mandila, Cath Potter, Cathryn Woodward.
3. Minutes of previous meeting – Proposed as correct by LB, 2nd MW - carried
4. Matters arising – Ireland branch. GS to speak to Jackie Owens to see how Deborah Houghton is and to discuss what she wants to do with regards to the Ireland Branch. If there is the possibility of interest from Ireland there may be a chance to rejuvenate the branch. MT has contacts there.

**WHO letter** -

ESH /ISH have seen the letter and wish to contact WHO alongside BSCAH. They are in the process of generating data to support the correspondence to WHO and will discuss this in August in Montreal. Each constituent ESH Society is to be encouraged to write to their appropriate National body.

BSDMH Scotland haven’t responded yet as they are taking it to their Council. JB is a member of BSMDH Scotland so JB to follow up.

Peter’s letter is nearly complete. A section is to be added to the letter so people can add a personal paragraph (LB). The letter is to be put on the website for members to download and send to their MP’s. SB to identify any MP’s who are health professionals. PN to re-circulate the letter to us once tweaked, by Easter. MC dubious about timing because ESH/ISH etc aren’t ready. SM suggests we try to arrange a face to face meeting with an MP. *(FYI Right Hon Jeremy Hunt and Shadow health minister. Luciana Berger (Lab) MP for Liverpool Wavertree has an interest in mental health and has been (she may still be) Jeremy Corbyn’s advisor on mental health.)*

1. **Chairman’s Remarks** – N/a
2. **Matters arising from Reports**

**Hon/National Secretary** – Written report provided. Add registered body number to the Foundation application form. Due to data protection we should add a tick box on the application form/training form stipulating that it is ok for BSCAH to use their details to contact for events and training etc.

**Hon Treasurer** – Written report provided. There was a discussion as to whether or not BSCAH should give ESH the full profits of ESH 2017.

Proposed Ann 2nd Jean – carried unanimously

AW requested a cost of living increase in the National Office Secretary salary to £700.50 per month. This was agreed.

**Academic and Accreditation Sub-Committee -** Short courses and Introductory days as well as CPD Masterclasses to be arranged by National were discussed.

Peter described a possible research project that he is hoping to run involving ECH holders and BSCAH. The Revised Dissociative Ability scale of 7 items, MYMOP and number of sessions would be recorded and corelated to see if hypnosis gave faster and/or improved outcomes. It was suggested that the delegates at the joint conference might be a source of data. To go in Newsletter.

Ac & Ac will co-ordinate events throughout the year to try and make sure there is no overlap or clashes. MT to compile a list of events. Thanks, was extended from DK to MT for her help in organising a one-day event in June in London. HW to get MT a login for the backend of the website.

**Newsletter -**Basic newsletter on events for March AW & HW to write. SB has volunteered an essay from a Diploma student to go in the newsletter or CH & IT. SB to forward it to PN for the CH & IT journal before the newsletter (It’s 3000 words). July title – Negative events. AW to forward newsletter template to HW.

**CH & IT** – The next journal has been sent to the publishers. Ask for contributions for the next issue of CH & IT.

**Ethical report –** N/a

**Website** – Ongoing.

**Communication** – MT job description was briefly discussed. JB’s future role within BSCAH was discussed. AW suggested that the old role of liaison officer between BSCAH and the sister societies might be suitable. This would be a Council post and also on the Ac & Ac Committee.

BSCAH recognises that the Communications role is too much for one or even two people. It was suggested that AW, MT, JR & JB work together as a group to move this role forward.

GS asked if Gill Smith could attend the next couple of Council meetings as well as GS. GS will be stepping down from Chair and Northern Counties Rep in 2019. Council agreed that this was a good idea.

**Development officer** – Nothing to report from Mike. DK introduced the fact that we need marketing experts. SB and MC support the concept of getting someone in to help us with marketing. SB to find out if we can get NBA student in to help with our business model and eventual marketing strategy. LB worries that someone in marketing wouldn’t understand how our Society works and our charitable ethos. SB to liaise with MC.

1. **Branch Reports**: Northern written report.
2. **Annual conferences**

The ESH 2017 Conference made a profit of £6.5k (possibly £7,500 once everything has been finalised) which will be donated to ESH.

2018 (RSM) – There is a lot to be discussed and confirmed. MW will try to get the RSM organisers to expedite booking.

2019 – Eastern Counties have suggested that we could run a conference at West Suffolk Hospital. Hypnosis is used at WSH and it has been suggested that someone from each dept could do a talk on their experiences along with the usual workshops. There are other hospitals in the area and it would promote hypnosis. We would need a nearby hotel and transport to and from the hospital.

Proposed dates 7th - 8th-9th June 2019.

1. **AOB**

PN An Italian psychologist has contacted us asking if we wish to collaborate with him. PN to email him and put him in touch with ESH and Consuelo Casula.

DK would like to do a video and put it on YouTube & on the website. Council agreed.

Trevor Hadfield, Jenny Page and Simon Barnett have been told by BCU that they require a PGCE to teach the Diploma. BCU have offered this at 50% cost (£1200 each) starting September at BCU. They would then be available to run a Train the Trainers day for BSCAH. After discussion it was decided that it is entirely appropriate for BSCAH to pay for the Diploma lecturer PG Certs.

PN to write a letter to the University saying we feel that such experienced trainers should not need to do the PGCert even with the 50% reduction in cost!

1. Date of next meeting 2nd June 2018